



## Vitalizing and Nourishing

### Nourishing Shampoo for Frequently Washed Normal and Normal to Dry Hair

1. Apply evenly on hair and scalp
2. Wash by gently working into scalp with circular movements of fingertips
3. Rinse
4. Repeat if necessary, let the hair work for a few moments, then rinse

### Enriched Nourishing Shampoo for Frequently Washed Dry or Sensitized Hair

1. Apply evenly on hair and scalp
2. Wash by gently working into scalp with circular movements of fingertips
3. Rinse
4. Repeat if necessary, let the hair work for a few moments, then rinse

### Nourishing Balanced Hair Mask for Very Dry Fine Hair

1. Apply mask on washed and toweled dry hair
2. Depending on hair length, apply one or two quarter-size amounts of the product on hair, massaging each strand
3. Leave on for 5 to 10 minutes (time may be cut in half if heat is applied)
4. Add some warm water and massage with care to allow the product to mix and penetrate
5. Rinse well

### Nourishing Balanced Hair Mask for Very Dry Thick Hair

1. Apply mask on washed and toweled dry hair
2. Depending on hair length, apply one or two quarter-size amounts of the product on hair, massaging each strand
3. Leave on for 5 to 10 minutes (time may be cut in half if heat is applied)
4. Add some warm water and massage with care to allow the product to mix and penetrate
5. Rinse well

### Selective Complex Treatment for Dry and Split Ends

1. Apply 2 or 3 drops of this product on dry, split ends where needed
2. Massage carefully letting the fluid be absorbed by the hair
3. Style as usual

### Nourishing Leave In Conditioner

1. Wash with Hergen Nourishing or Enriched Nourishing Shampoo for Frequently Washed Dry or Sensitized Hair, according to the advice of your trusted hair stylist
2. Apply one or two quarter-size amounts of the product on hair, massaging evenly till fully absorbed
3. Do not rinse
4. Style as usual

### Intensive Nourishing Serum

1. Wash with Hergen Nourishing or Enriched Nourishing Shampoo for Frequently Washed Dry or Sensitized Hair, according to the advice of your trusted hair stylist
2. Gently towel dry. Apply to scalp in a gently circular motion
3. Next massage according to the following three steps:
  - a. First place hands (fingers together) of the back of the head and gently "push" scalp upward
  - b. The place hands (again fingers together) at the side of the head and gently vibrate while "pushing" the scalp upward
  - c. Finally apply the pressure of your hands (fingers and palms) on forehead and gradually slide to the nape of the neck

### Dosage

Initial Phase: 2 or 3 phials weekly as suggested by your hair stylist

Maintaining Phase: 1 phial weekly